



GLUTEN FREE MENU

Here at Jensen's Cafe, we take pride in being able to accommodate the dietary needs of our customers. We are happy to provide these gluten free meal options to make for a pleasant dining experience. To ensure we get your order right, *please* notify our staff of your gluten allergies and be sure to ask for the accommodations outlined in this menu. Your cooperation is appreciated and enjoy your meal!

JENSEN'S CAFE SERVES BREAKFAST ALL DAY!

BEVERAGES

FRESH JUICE

Fresh Orange

Short 2.95 Tall 3.95

Natural Apple

Short 2.45 Tall 3.45

Grapefruit

Short 1.95 Tall 2.95

Cranberry

Short 1.95 Tall 2.95

That's Tomato

Short 1.95 Tall 2.45

Got Milk?

Short 1.95 Tall 2.45

Hot Cocoa

2.45

TEA

Iced Tea

2.25

Loose Leaf Teas

Jensen's now offers these fine full leaf teas from "Tea Source."

Hunan Black 2.45

Earle Grey 2.45

Prairie Passion 2.45

Green Mango 2.45

Red Berries(Decaf) 2.45

Evening in Missoula(Decaf) 2.45

Arnold Palmer

2.45

COFFEE

Jensen's Coffee

Locally roasted weekly and phenomenally tasty!

Regular 2.65 Decaf 2.65

PEPSI PRODUCTS 2.75

Pepsi

Diet Pepsi

Mountain Dew

Diet Mountain Dew

Dr. Pepper

Mug Rootbeer

Sierra Mist

Pink Lemonade

BAKED OME-ALOTS

Our premium omelets are exceptional and a lot! May take additional time to prepare, but absolutely worth the wait. We use a special technique of pan-frying and then baking to perfection. All our Ome-alots are made with four farm-fresh eggs and only the finest, top-quality ingredients. All served with Café! Potatoes and **ask to substitute yogurt or fresh fruit for the toast for 99¢.**

Westward Ho! Ome-Alot

Just like the classic Denver or Western, but unique because ours are baked! Made with ham, onions, bell peppers and Cheddar cheese 10.45

Café! Kitchen Sink Ome-Alot

We start with ham, sausage, mushrooms, onions, tomatoes and green peppers and add Cheddar and Pepper Jack cheese. This Ome-alot turns a breakfast into a break-feast! 11.45

Swoon Over Smoked Salmon Ome-Alot

A Jensen's special treat! Smoked salmon, cream cheese, spinach and garlic 10.45

Garden Ome-Alot

This is a garden of delights with fresh-cut broccoli, mushrooms, tomatoes, green peppers, onions and goat cheese 9.95

Spinach Ome-Alot

Fresh spinach, goat cheese and mushrooms 9.95

White Ome-Alot

Fluffy egg whites cooked with onion, pepper, tomato, and choice of cheese 8.45

SCRAMBLELOTS

Scramblelots are darn near famous. We use four farm-fresh eggs and only the finest ham, sausage and real cheese. Once you try one, you'll understand the quality we put into everything we make. All served with Café! Potatoes and **ask to substitute yogurt or fresh fruit for the toast for 99¢.**

Westward Ho! Scramble

Another name for the classic Denver or Western. Our Westward Ho is served with ham, onions, bell peppers and **ask for shredded cheddar cheese instead of our cheese sauce as a gluten free alternative** 10.95

Garden Scramble

Farm-fresh eggs, broccoli, mushrooms, tomatoes, green peppers and onions 9.95

Ham Scramble

Farm fresh eggs with diced ham topped. **Be sure to request shredded cheddar cheese to replace our cheddar cream sauce as a gluten free alternative.** 8.95

Smoked Salmon Scramble

Smoked salmon, cream cheese, garlic and spinach. **Ask your server for no dill hollandaise to keep this scramble gluten free!** 10.95

Café! Kitchen Sink Scramble

Smoked ham, sausage, mushrooms, onions, tomatoes and green peppers and **ask for shredded cheddar cheese instead of our cheese sauce as a gluten free alternative.** We hold the kitchen sink, but that's probably better for you anyway (kitchen sink in this case is a just a metaphor, and not very tasty) 11.95

EGGS-A-LOT

Jensen's uses only the finest thick-cut smoked bacon, farm-fresh eggs, smoked ham and the very best pork sausage links and patties. **Ask to substitute yogurt or fresh fruit for the toast for 99¢.**

Turkey Sausage Links 'N Eggs, Any Style

With Café! Potatoes and **ask to replace the toast with fresh fruit** 9.45

Ham Steak 'N Eggs, Any Style

With Café! Potatoes and **ask to replace the toast with fresh fruit** 9.95

Pork Sausage Link & Patties 'N Eggs Any Style

With Café! Potatoes and **ask to replace the toast with fresh fruit** 9.45

Thick-Cut Bacon 'N Eggs, Any Style

Two, three or four slices of thick-cut smoked bacon are cooked just right. Served with Café! Potatoes **ask to replace the toast with fresh fruit**

Two pieces 9.95

Three pieces 10.95

Four pieces 11.95

CAFÉ! OLÉ!

We couldn't offer breakfast without the spice! Try one of these Tex-Mex favorites. Served with Café! Potatoes. **Ask to substitute yogurt or fresh fruit for the toast for 99¢.**

Scramble Rito

This one is fantastic, with farm-fresh eggs, Chorizo sausage, Pepper Jack cheese, green peppers, onions and tomatoes. Topped with green chili sauce. **Ask for this meal without the flour tortilla or chipotle cream sauce to keep it gluten free.** Ole! 11.45

Huevos Rancheros

A Jensen's specialty and a Southwestern classic. Two large farm-fresh eggs, served to your liking, on a toasted corn tortilla. Topped with salsa, beans and melted Cheddar and Pepper Jack cheese 9.95
Add Sante Fe chicken or Chorizo sausage for 99¢

Fiesta Ome-Allot

Green peppers, onions, tomatoes and Pepper Jack cheese. Topped with green chili. **Ask for this ome-allot without the chipotle cream sauce to keep it gluten free** 9.95
Add Sante Fe chicken or Chorizo sausage for 99¢

Cafe Nachos

Crisp corn tortilla chips covered with pico de gallo, lettuce, black beans, jalapeños, Monterey Jack cheese, sour cream and a side of salsa 6.99
Add Chicken or Beef 1.00

SALADS, SALADS, SALADS

Jensen's salads are made fresh to order. We use the freshest ingredients coupled with only the best meats and homemade (in our store) dressings. **All offered dressing choices are gluten free.**

Strawberry Feta Salad

Strawberries, feta cheese, grilled chicken breast, iceberg lettuce, cranberries, candied walnuts and diced apples. Served with a raspberry vinaigrette dressing 9.95

Chicken Caesar Salad

Romaine lettuce tossed with our creamy Caesar dressing, sliced chicken, and grated Parmesan cheese. **Ask for no croutons to keep this salad gluten free** 8.95
Add blackened seasoning 25¢

Fajita Chicken Salad

Grilled fajita chicken, grilled red and green peppers, onion, fresh avocado, cheese, corn tortilla strips and salsa ranch dressing, all mixed with iceberg lettuce 10.95

South Seas Chicken Salad

This is one stellar salad! Romaine and iceberg lettuce topped with chicken, carrots, green onions, and almonds. **Ask your server to leave off the chow mein noodles to keep this salad gluten free.** Served with our honey-sesame dressing 9.95

Tostada Salad

Seasoned ground beef, lettuce and tomato, layered between two flour tostada shells. Topped with salsa ranch dressing, black beans, sour cream and blended Monterey Jack cheese. **Ask your server to substitute corn tortillas for tostada shells to make this salad gluten free** 10.95

Chicken Salad Salad

Sure, that looks funny to you, but this chicken salad is not to be confused with the chicken salad sandwich. Two large scoops of our homemade and delicious chicken salad are served over a bed of crispy iceberg lettuce 9.45

Cobb Salad

Traditional Cobb topped with grilled chicken, diced tomatoes, chopped egg, ham and crumbled bleu cheese.
Choice of dressing 10.95

HOMEMADE SOUP

Homemade Soups

Made fresh daily. Ask us what is simmering today, **but be sure to ask if the soup of the day is gluten free!** Cup 2.95 | Bowl 3.95

Homemade Soup & Side Salad

Mixed greens with cucumber, carrots, red onion, tomatoes, with choice of dressing. Served with soup of the day, **be sure to ask if it is gluten free today!** Ask for no croutons. 6.95

BURGERS!

All Jensen's burgers start with fresh ground sirloin. Served on a toasted egg bun garnished with lettuce, tomato and red onion with a side of Café! Potatoes or Cole Slaw. *Ask us to hold the bun for you! Substitute fruit, regular French fries, or sweet potato fries for 99¢.* Substitute soup or side salad for 1.49.

"Blackened Bleu" Burger

A Black Angus burger with bleu cheese and seasoned with blackening spice 9.45

Bacon Cheeseburger

Made with thick-cut smoked bacon & real Cheddar cheese 9.95

Quesadilla Burger

½ pound burger with pico de gallo, chipotle mayonnaise and lettuce. *Ask us to hold the flour tortillas!* 9.95



Mushroom & Swiss Burger

A Black Angus burger with sautéed mushrooms and Swiss cheese 9.45

"The Angus Burger"

Just a Black Angus burger 8.95

Turkey Burger

Delicious! Ground turkey, Granny Smith apples, scallions and chutney mixed together to make a wonderful burger 9.45

COMFORT CLASSIC ENTRÉES

These comfort classics include choice of two of these gluten free options: Café! Potatoes, mashed potatoes, vegetable medley or corn. *Substitute fruit, regular fries, sweet potato fries or cheesy hashbrowns for 99¢ or soup or salad for 1.49.*

Pecan Crusted Salmon

6oz. salmon sautéed with a pecan crust 12.95

Turkey Dinner

Tender slices of roasted white turkey meat. *Ask for no gravy or dressing to keep this classic gluten free.* 11.95

Pot Roast

Slow roasted pot roast, carrots, onions, and celery. *Ask for no gravy to keep this classic gluten free.* 11.95

JENS MEX

JENS-MEX SERVED FROM 11:00 AM DAILY.

Fajita Tacos

Four soft corn tortillas laid flat and topped with red and green peppers, onions, bacon, Mozzarella and choice of chicken or steak.

Chicken 9.95 Steak 10.95

Chicken Tostadas

Four fried corn tortillas topped with refried beans, Santa Fe chicken, lettuce, tomatillo sauce and queso fresco. Accompanied by a side of sour cream. 9.45

Chicken Enchilada

Three soft corn tortillas filled with Santa Fe chicken and Pepper Jack cheese. Topped with a tomatillo sauce and Pepper Jack cheese. Accompanied by a side of Spanish rice and refried beans. 10.45

Chicken Fajitas

Two 7-inch flour tortillas filled with green and red peppers, avocado, grilled chicken and onions. Served with sour cream, salsa and cilantro rice.

Ask your server to replace the flour tortillas with corn tortillas to make this entrée gluten free.
9.95

DESSERTS

Ice Cream Sundae

A scoop of ice cream plus topping choice:

Hot Fudge, Strawberry or Butterscotch 2.95

Plain 2.25



Visit us on the web www.JensensCafe.com

